

Easter Saturday reflections 2021

Reflect

Why is it difficult to be patient and to wait? How does it feel when you experience bad news? What does it mean to have hope?

Watch

Watch the following clip and consider the time frame of the events that took place. Are you surprised at the roller-coaster of events and at the emotions that Jesus and his followers must have felt? <https://youtu.be/yOCAqdg3AFw>

Read

Read the Bible story in Matthew 27:55-66. **What happens to Jesus' body and why might Jesus' followers have felt emotions such as confusion, sadness and relief?**

Respond

Jesus had told the disciples before he was arrested that he would be crucified and on the third day he would rise from the dead. Sunday was the third day from Good Friday.

When Jesus was taken down from the cross he was placed in a tomb that belonged to a man called Joseph of Arimathea. The tomb was a cave with a large rock placed over its entrance. A Roman soldier was placed there to guard it. It was Jewish custom for a dead body to be washed before it was buried but because it was the **Sabbath**, the special day when no one was allowed to work, the body was left unwashed. No one went to the guarded tomb on the Saturday.

What do you think happened to Jesus' body? How would it have been possible for the stone to be rolled away from the tomb?

Listen

Listen to the following track by Hillsong. Look up what the 'Grace' means and consider Jesus' life, death and resurrection.

<https://youtu.be/fiyYoe678yl>

Act

During the day on Holy Saturday, Jesus lay in his tomb and his followers mourned his death. A guard stood watch to make sure no one tried to steal the body. Early Sunday morning, it was discovered that Jesus was no longer in the tomb and had risen from the dead, which marks Easter Sunday and the end of Holy Week.

How could you be more patient? How might you help others who are finding life difficult? What random acts of kindness might you be able to share?

Pray

Dear Lord, At this uncertain time we pray for patience. We know that there is hope and joy as we journey towards Easter Sunday. Help us to believe and be faithful even when things are difficult. Amen