

## Easter Sunday reflections 2021

### HE IS RISEN!

#### Reflect

How does it feel when you get some really good news? How do you celebrate when you have received some amazing, happy, joyful news? Do you believe that the impossible might be possible?

#### Watch

Watch the following clip and reflect on how the different characters in the story must have been feeling. <https://request.org.uk/festivals/holy-week-and-easter/the-easter-story-2/>

#### Read

Read the Bible Luke 24:36–49

What is going on and why do Christians believe that this is the most important day in the Christian calendar? How does it make you feel? Why do Christians want to share this good news with everyone?

#### Respond

Mary Magdalene and some of Jesus' disciples went to his tomb in order to prepare his body properly for burial. To their surprise they found that the tomb was empty. They thought that someone must have stolen Jesus' body. Then, Jesus showed Himself to them, and spoke to them. He was alive! The unthinkable had happened, Jesus had been crucified. But then the unimaginable happened, Jesus was alive!

**So, What's the big deal about Jesus rising from the dead anyway? How do you think Jesus's followers felt? How would you have felt if you were there? Why did Jesus' resurrection change the course of history forever?**

#### Listen

Listen to the following track by **Stormzy-Blinded by your Grace**. As you listen think about the amazing news that Easter brings. Jesus has risen! <https://youtu.be/HPuj6UISMhs>

Listen to the track-**Oh happy day**- As you listen enjoy singing, dancing and celebrating the Good News of Jesus. He is risen! <https://youtu.be/FpUVF1MAkNc#>

#### Act

It can feel hard to say that we believe Jesus rose from the dead. The disciples couldn't believe it at first. Even today, many people don't believe it. Do you know anyone who doesn't believe it? From today's story, what would you tell someone who doesn't believe it, to help them to think about it some more?

#### Pray

Dear Lord, Thank you for sending your son. We believe not because we have seen or touched but because our minds were opened as we heard these stories. He is risen! Hallejuah!

Amen