

### WEEK ONE

#### MONDAY

##### **Bangers & Mash**

Pork sausage with mash, peas and onion gravy

#### TUESDAY

##### **Margherita Pizza**

Cheesy tomato topped pizza with seasonal salad and garlic slice

#### WEDNESDAY

##### **Roast Turkey** with

crisp roasties, seasonal cabbage and gravy

#### THURSDAY

##### **Chicken Curry**

Marinated chicken thigh in a mild curry sauce with rice  
Cucumber raita and Kachumber

#### FRIDAY

##### **Fish & Chips**

Salt & Vinegar battered fish fillet with chips and peas

**TRADITIONAL  
DISH**

##### **Bangers & Mash**

Quorn sausage with mash, peas and onion gravy

##### **Pasta Napolitan**

Wholemeal Penne, tomato sauce seasonal salad and garlic slice

##### **Cheese Pinwheels**

Toasty cheese spirals with crispy roasties and cauliflower

##### **Sweet Potato Balti**

Lightly spiced sweet potato, chickpea and lentil curry with rice, cucumber raita and Kachumber

##### **Beet Burger**

Beetroot & feta burger with mint yoghurt green salad and chips

**VEGGIE  
DISH**



**Hot DELI.**

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

**DELICIOUS  
DESSERTS**

**Old School  
sponge  
and custard**

**Sticky orange  
cake**

**Baked American  
style  
cheesecake**

**Chocolate  
brownie**

**Ice cream tub**

### WEEK TWO

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**TRADITIONAL  
DISH**

#### **Meatballs**

Chicken meatballs in rich tomato sauce, served with fresh carrots and shoestring spaghetti

#### **Firecracker Pizza**

Healthy pizza with a hint of chilli with mixed salad and wedges

#### **Roast Gammon**

Served with roasties broccoli and gravy

#### **Chicken Korma**

Marinated chicken thigh pieces in coconut curry sauce with rice and sweetcorn

#### **Fish & Chips**

Battered fish fillet with chips and mushy peas

**VEGGIE  
DISH**



#### **Meat Free Meatballs**

in rich tomato sauce, served with fresh carrots and shoestring spaghetti

#### **Pasta Bake**

Wholemeal Pasta with fresh basil tomato sauce and cheese with wedges

#### **Cheddar Quiche**

Wholemeal pastry with cheese and onion filling served with roasties and broccoli

#### **Cauliflower Jalfrezi**

Lightly spiced cauliflower and lentil curry with rice and sweetcorn

#### **Cheesy Bean Wrap**

Wholemeal wrap stuffed with baked beans and cheese

**Hot DELI.**

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**DELICIOUS  
DESSERTS**

**Fruity banana  
loaf**

**Apple crumble  
and custard**

**Summer berry  
slice**

**Carrot cake**

**Ice cream tub**

### WEEK THREE

#### MONDAY

##### Cottage Pie

Traditional mash topped minced beef served with green beans

#### TUESDAY

##### Lasagne

Bolognese layered with pasta and cheese sauce with garlic slice and house salad

#### WEDNESDAY

##### Roast Turkey

Boneless chicken with mash, fresh carrots and gravy

#### THURSDAY

##### Chinese Chicken Curry

Marinated chicken thighs with curry sauce and rice

#### FRIDAY

##### Fish & Chips

Tempura battered fish fillet, chips and mushy peas

#### TRADITIONAL DISH

##### Shepherdess Pie

Topped with sweet potato mash, green beans and gravy

##### Veg Lasagne

Roasted Vegetables layered with pasta topped with white sauce, garlic slice and house salad

##### Quorn Roast

Quorn with mash, fresh carrots and gravy

##### Beany Enchilada

Mild chilli bean, pepper and onion wrap with rice and sweetcorn

##### Vegan Sausage Puff

Quorn sausage wrapped in puff pastry with chips and peas

#### VEGGIE DISH



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#### Hot DELI.

#### DELICIOUS DESSERTS

Italian crumble cake

Chocolate sponge & custard

Sticky toffee pudding

Apple flapjack

Ice cream tub