



St. Edward's Church of England Academy

Westwood Road, Leek, ST13 8DN

Telephone: 01538 714740

Principal: Mr. T. Hutchinson

<http://stedwards.academy>

16th October 2020

Parents/Carers,

RE: Personal, Social, Health and Economic (PSHE) education programme

As a part of your child's education at St Edward's CE Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health, and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes, and practical skills to live safe, healthy, productive lives and meet their full potential.

Over their four years at St Edward's, pupils will learn about a range of topics: how to manage relationships, including friendships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe (e.g. online safety, road safety, water safety); and developing self-esteem and confidence. A key focus will be helping pupils to manage their mental health and helping them to understand the importance of looking after their wellbeing through sleep, eating well, and exercise. Our PSHE programme also includes activities designed to encourage pupils to think about their future careers and the 'World of Work' and manage their money (for example credit, loans, banking, and personal finance) Lessons are based on discussion, role play, speaking and listening task and responding to different scenarios.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website <https://www.stedwards.academy/about-us/policies> for more detail about our PSHE curriculum. For information about the current PSHE topics, please see our Learning Overviews, which can be found at the following link <https://www.stedwards.academy/curriculum/learning-overviews> although they may be subject to change as we adapt our curriculum to take into account important topics that pupils may have missed during the lockdown. For example, over the coming weeks, Y6 pupils look at puberty and growing up and Y8 pupils will be taking part in lessons which will focus on the relationships and sex education (RSE).

All PSHE teaching will take place in a safe learning environment, delivered by your child's House Tutor, and is underpinned by our school ethos and values. All resources used in lessons are from recommended sources, such as Premier League Primary Stars, 'Think You Know' and the NSPCC. Topics that require more specialist knowledge will be delivered by a group of teachers with the requisite experience. Our curriculum is based on the Government's 2020 guidance and is adapted to make sure the content meets the context and age of our pupils.

As a school community, we are committed to working in partnership with parents and would appreciate you completing this short survey to help inform our curriculum coverage

https://forms.office.com/Pages/ResponsePage.aspx?id=1fhjb3KZgUuT_NXvEhdWcB5oe03hKx1CkYVB5Mm3kvFURTk4WjQ0VpTUVdMWUhfSFIFMDYwNkiUVC4u

The survey will close Friday 6th November.

Yours sincerely,

Mrs. R Rose



Companies House number: 08316327