



St. Edward's Church of England Academy

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Principal: Mr. T. Hutchinson

<http://stedwards.academy>

12th December 2020

Dear Parents and carers,

Thank you so much for your feedback on our PSHE /RSE provision. It was incredibly valuable to receive your input relating to your feelings regarding what your children need support with.

The topics we cover must follow best practice advice and statutory Government laws. We have completed an audit within our curriculum areas to ensure that we are covering PSHE topics within lessons; for example, all pupils have completed a unit on online safety in computing and they have learnt about the link between mental health and exercise in PE. With this in mind, the table below details the upcoming topics for the remainder of the academic year. Pupils will cover some topics more than once; however, they will progress with the level of complexity.

Please be aware that there may be weeks where topics are moved around as we ensure that all year groups are able to cover what was missed due to 'lockdown'.

We will continue to deliver PSHE themed 'Drop Down Days' where we employ outside agencies (e.g. Road Safety Office, NatWest Money Matters, the local PCSOs and local businesses) to help us offer expert guidance for pupils with regard to careers, health and enterprise. When safe, we will also continue to offer extra sessions, such as workshops focusing on the Holocaust or visits to the BBC and/or museums.

	Autumn Term	Spring Term	Summer Term
Year 5	Managing your mental health; communication, collaborating, being a good friend Living in Britain - Laws, democracy, Parliament; road safety	Being a good friend, safe relationships, how to get help (NSPCC) Keeping healthy - diet and exercise, importance of sleep, what to do in an emergency	What is diversity? Discrimination, different types of families, celebrating difference Money and Careers- identifying job interests, what influences career choices, workplace stereotypes
Year 6	Managing your mental health - emotions, mindfulness; keeping safe What are Human Rights? How do they apply to us? Road safety Puberty catch up	Managing friendships, anti-bullying and peer pressure Keeping well - dangers of smoking mindfulness and managing emotions and change, puberty (physical and mental effects)	managing emotions and change, puberty (physical and mental effects) Managing a budget, careers and enterprise skills
Year 7	Managing your mental health - managing anger, mindfulness Wants and Needs Disability awareness and the media; road safety	Personal identity and diversity; stereotyping and diversity (including homophobia); responding to bullying and peer pressure Health and wellbeing - vaping, addiction, teeth decay, film and game ratings	Relationships: self-worth, romance and friendships; bullying or banter? managing family relationships Managing a budget, careers and enterprise skills



Year 8	Managing your mental health - mindfulness; Life skills - team work, communication, road safety, stereotypes in the media, puberty catch up	Discrimination in all its form: HBT, racism, disability, sexism, managing family relationships and conflict, teenage Keeping safe - film and game ratings, what to do in an emergency	Gender and identity, sexual orientation; Digital literacy - body image; consent; Enterprise and Careers: managing money - credit and debt, loans, gambling
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Yours sincerely

Mrs R Rose
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