



**St. Edward's Church of England Academy**  
Westwood Road, Leek, ST13 8DN  
Telephone: 01538 714740  
Principal: Mr. T. Hutchinson  
<http://stedwards.academy>

14<sup>th</sup> December 2020

Dear Parents/Carers

### **Covid-19 Update - Christmas Break**

Thank you for all your support with helping us to keep everyone as safe as possible at the academy. We hope that everyone stays well over the Christmas period and that we come back to a fresh start to the New Year.

Could you please inform the academy via the contact form on the academy website if your child has a positive test during the Christmas break.

This is especially important if your child starts to develop symptoms from Saturday 19<sup>th</sup> December onwards because, although term will have ended for the children on Friday 18<sup>th</sup> December, we will still be required to inform everyone that the child has been in contact with during the previous **48 hours** that they will need to self-isolate for 10 days.

So, for example, if a child or staff member starts with symptoms on Saturday 19<sup>th</sup> December, their whole class and the relevant staff members will need to self-isolate until Tuesday 29<sup>th</sup> December (the exact dates would be confirmed to us by Public Health England but advice given so far indicates 10 days from the onset of symptoms and, in this case, would include Christmas itself).

Also, if your child starts with symptoms later in the holiday, please could you make sure that they have a Covid test before returning to the academy. This will help us to have a smooth start as possible to the new term.

### **How long do I self isolate for?**

[How long to self-isolate - Coronavirus \(COVID-19\) - NHS \(www.nhs.uk\)](https://www.nhs.uk)

### **Covid-19 symptoms a reminder of the Covid-19 symptoms:**

- New continuous cough and/or
- High temperature
- A loss of, or change in, normal sense of taste or smell (anosmia)

Staffordshire Local Authority have issued advice which says that if a person has the following symptoms, a test should be arranged. They can attend school but only if they are well enough to do so and they only need to self-isolate if the test comes back positive. Those symptoms are:

#### Headaches

- Aches and pains
- Feeling very tired for no good reason
- Sore throat
- Runny nose
- Sneezing
- Sometimes 'tummy ache' in children

**As a reminder:** What to do if your child develops symptoms of COVID-19. If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via



<https://www.nhs.uk/ask-for-a-coronavirus-test-or-by-calling-119>.

All other household members who remain well must stay at home and not leave the house for 10 days. The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>

If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111

Yours sincerely



Mr. T Hutchinson  
Principal

